

The background of the entire image is a vibrant blue with a marbled, wavy pattern, resembling water ripples or a textured surface. The colors range from deep navy blue to bright, shimmering light blue highlights.

# FRIDAY FOLLIES

April 25, 2008

Hey

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Somehow, I seem to have lost my motivation lately. Not down, depressed, or anything, just tired! I think all of the stress, worry, and emotional ups and downs of the past couple of weeks have made me just sit and be lethargic when I have a few moments to myself. I have not painted, worked in the yard, worked on my cookbooks, really not anything to speak of. I go home from work and just kinda collapse. Could just be spring time, too, though. I did get a "wild hair" one day this weekend and went through my entire closet and bedroom and got rid of two HUGE bags - overflowing with clothes. You know, the ones that will never fit again, but you keep hoping they will... Hahaha!

All in all, the experience with Ricky (my son-in-law) and his father has been one I will never forget. Like I said last week, "What a true gift of love." So many of you wrote or called, and I really appreciated that - as did Jess and Ricky. Ricky really had a very bad time for a few days after the surgery. His dad perked up, had color in his face, and started improving, literally immediately. For days, Ricky could not eat, was not feeling well at all, and was a bit down because he thought he should be doing as well as his father was. I happened to be staying with him the first time he felt like getting up, so we got a wheel chair and rolled around to ICU to see his dad for the first time - this was several days after the surgery.

Man! Scotty was doing great! Eating solid food, standing up and walking around the room, giving the nurses grief... Ha!

Once back to Ricky's room, I could see it was kinda bothering him and that he was a bit worried about his slow progress, so I asked the nurse to explain the situation to him. She was awesome! She did it in a way that a parent, wife, or doctor never could.

She told him that the donor usually has a much harder time recovering than the recipient. (I would have thought it was the other way around, too.) She said, "Think about it. Your dad had no kidneys at all - to speak of. Boom! All of a sudden you give him one of your strong, healthy kidneys and his body is like, 'Whoo Hoo! Here we go!' You, on the other hand, are basically 'one man down.' It is going to take your remaining kidney a few days to figure out that it now has to do ALL of the work." She was great! After that, he seemed in much better spirits and I was relieved, too. One more thing, and then I will get off of this... the doctor said that Ricky's kidney was the strongest, most healthy kidney he had ever seen. Being 26, a professional athlete who doesn't



smoke, drink, or do drugs – the doc said it was absolutely perfect. He said when he “hooked” Ricky’s father up to it, it did not hesitate – it just went “Whoosh!” and took off working. Amazing the things they can do now, isn’t it?

So, both are home and doing great and hope to be back to doing “normal” stuff very soon. Thank you again for your prayers and wonderful comments.

### **...Now, for a Hodge-podge of information and chit chat...**



Good luck with your Golf Tournament in Wilmington this weekend, Roman. Wish I could be there. Thanks for the invitation. I always have such a blast and meet the nicest people! We had ours at work this past week - and as with every day this month – it **POURED!** Just miserable! Everyone ended up in the clubhouse drinking and playing cards until dinner could be served. Still had fun, though. Hope yours is great and that you make lots of money. Send me some photos!



And get this – one of my good friends told me this week that her son is going to be one of the contestants on the new Bachelorette this summer! It starts May 19. Everything has already been filmed, but of course, he cannot even discuss it until after it airs. He is a doll baby! I cannot imagine him not making it to the finals. I will keep you informed – as I can. Isn’t that exciting for him/them!

Another friend of mine owns a “funny car” – You know what those are, don’t you? The cars that drag race – start off like rockets and have parachutes to slow them down? Anyway, they are entered in 12 races this race season. They have already been to two races – one in Texas and one in Rockingham N.C. - and they won them both! Whoo Hoo! They are Very excited, to say the least.



Also this weekend, a very dear friend is coming up from N.C. to visit. I have not seen her in YEARS! Maybe ten years, now that I think about it! I hired her years ago as my assistant, and then, the day AFTER I hired her, we were sitting in my office talking, and I found out her boyfriend (now her husband) worked in the same office as my (then) long-time boyfriend - Side by Side! How completely bizarre is that! Some things are just destined! We have stayed close email friends ever since they moved to N.C. Can't wait to see her and to meet their two daughters!

Guess what else I started this week! You are not going to believe it! I started jogging! JOGGING – ME! I HATE jogging. It just kinda happened by accident, and I think I will keep going until I can really say that I am truly “jogging.” I started running a little bit each day when I walked Oliver. Right now, it is only for four blocks until I have to slow down for a bit to a fast walk. Don't laugh! That's GOOD for me! Always before when I tried it, it hurt my knees too much. We will see what happens. Right now, it just feels GOOD to be doing something positive. Summer is here, practically, and I am way behind in getting my “behind” in shape. It will probably be short-lived, but it is a new challenge, anyway. Hope I can really build up to the real thing.

I am anxious to hear more about the Bush/Hager wedding. I know John and Maggie Hager, Henry's parents, very well, and thought I might get an invitation to the wedding until I heard that Jenna Bush had decided to have it on the farm in Texas. Now it will be a MUCH smaller event and there is not a snow ball's chance in Texas “I” would ever get an invitation. I will just have to watch it on the news. It is very cool, though. Henry is such a nice, nice guy!



My website it going great. Every month it surprises me. Mid-way through this month there had already been almost 300 repeat visitors, and almost 200 new visitors. With those combined, there were over 42,000 hits and they averaged over 4 pages per visit – (the normal average for most websites is less than 2 pages per visit.) Some months, my average “pages per visit” is twelve. Just unreal. And just this month, 40% of the visitors added it to their “favorites.” That is actually low. Normally it is over 50%. It still may be by the end of the month. The visitors this month have come from the United States, the Czech Republic, Sweden, Canada, South Korea, Bulgaria, Colombia, China, France, Spain, Japan, and Great Britain. Just blows me away.

OK. So much for my hodge-podge of stuff this week. Please remember to pray for our men and women overseas, and we all also need to pray very hard for an end to world hunger. As you know, it is a crisis now all over the globe.

*To all of you on my Friday Follies List, whether you are in Manila, Singapore, Kuwait, Bermuda, Virginia Beach, Mississippi, Los Angeles, San Francisco, Minnesota, Indiana, Colorado, Lake Tahoe, Philadelphia, Key West, New Jersey, North Carolina, Indonesia, Washington D.C., Iraq, Costa Rica, Poland, Maryland, West (By-God) Virginia, Nashville, Florida, Saudi Arabia, New Hampshire, Tampa, Chattanooga, France, Phoenix, New York, Oregon, Russia, Maine, Australia, Bangkok, or Yuma, have a wonderful, wonderful week!*

*God bless.*

*Remember, life is short!*

*We need to make it a good one.*

*Grow in peace and wisdom.*

*Your Friday Friend,*



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# Judi Godsey

PS. NOTE OF CAUTION... 20 employees were fired from The New York Times here in Norfolk for sending lewd and indecent emails. (To my knowledge, none of the 20 were on our joke list - even though some of the attorneys who represent the company were!) I have asked each and every one of you on this list to tell me if the jokes that accompany these "Follies" place you in jeopardy, or even if they offend you. Please understand that they are intended to be light-hearted and are not mean-spirited in any way. If you are ever offended, do not hesitate to ask to be taken off the Friday Follies Joke List. PSS. If you send a joke and I don't use it, it is because it has been used before, and I try not to repeat. Remember, I have been sending these since August of 1997. One tends to go through huge numbers of jokes that way. Disclaimer: When anyone asks if I type all of these jokes, the answer is, "No!" I cut and paste one evening during the week (30 minutes, TOPS). Obviously I don't have time to sit, read, and retype jokes all day!