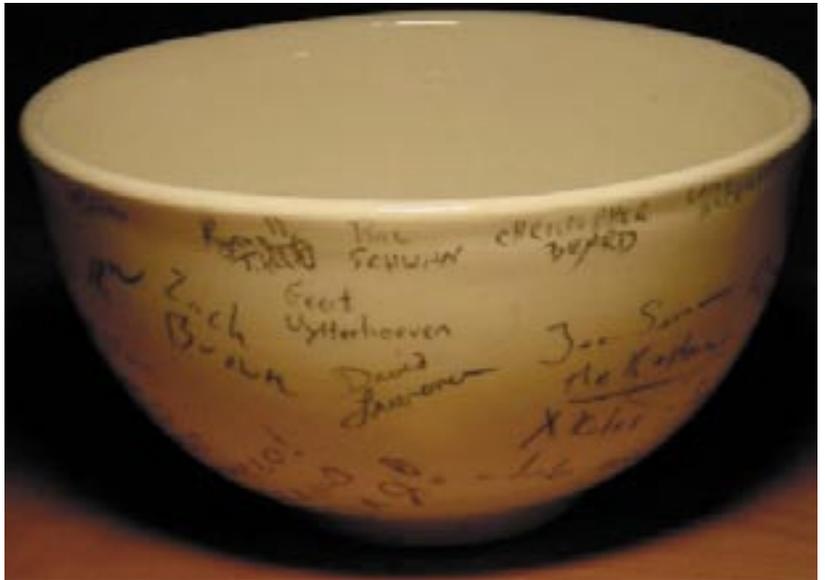


**OR**



*(Get it?)*

# FRIDAY FOLLIES

February 1, 2008

# 2008 Super Bowl

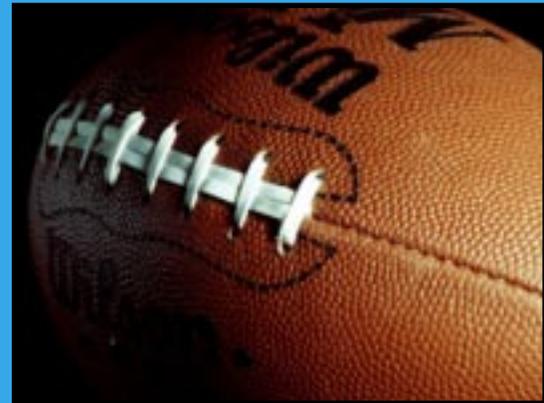


Hey!

February 1, 2008

Happy Super Bowl Weekend!

Did you get the cover this week? Pretty corny, huh? Ha! That's OK. I am allowed. I hope you have some great plans for watching the game. Parties are always fun, but it is also great to start a fire, fix a big plate of dinner, and watch it at home! Actually, sometimes that is even better if you REALLY want to WATCH the game. What ever you do - have a great time!

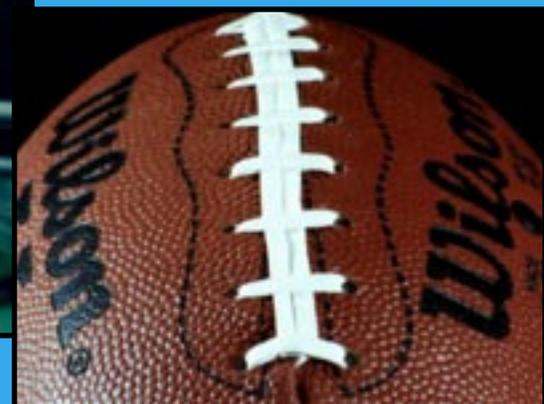


A very good friend of mine is going to be at the game again this year. He organizes thousands of volunteer workers for the Super Bowl every year. Even though it is hard work and a VERY long day, he enjoys it immensely, and then he has thousands and thousands of dollars to give to his favorite charities. Pretty cool, huh! Great way to get to go to the game every year! Hope you have a great time, Ken. Raise tons of money!

This week's Follies will be kind of a hodge podge of stuff. Just lots going on. Still did not take any photos at a couple of the events, but that is OK.



I did take a few at this one, though. You know how much I loved my violin and simply HATED to have to stop taking lessons, well, I may not be able to play much anymore, but I can still enjoy listening!



The Maia Quartet came to my place of work for a workshop with some of the students this week. If you do not know who they are - you simply must check out their website and listen to some of their incredible music. Very talented. After they performed, they had four students who play the same instruments get up on stage and perform. At the end of their selection, each of their counterparts got up on stage and coached them a bit. Then the students played again and the difference was amazing. Pretty cool, huh? Can you imagine getting an opportunity like that as a teenager!



And look at these beauties! I had a date with a friend from Philly this past weekend and he came loaded down with flowers! I could not believe it! My kitchen is like a florist shop and it smells incredible! It makes me realize that spring is not too far away!

Anyway, my date was a perfect gentleman and we had a wonderful time. He had never been to Virginia Beach and could not believe how beautiful it is. He thought it was just all residential like Ocean City, New Jersey. Anyway, it was really funny because everywhere we went, we kept bumping into folks I had not seen in years! Isn't it funny how that just happens sometimes... I am talking four different places, and ten different people came over to speak!

At dinner, as we were approaching our booth, the couple directly next to us turned out to be VERY dear friends that I don't think I have seen in three years! Anyway, it was funny and it made my date think I knew everyone in Virginia Beach. Kinda fun when that happens. When he got up to go to the rest room, my girlfriend from the next table came rushing over and I asked, "Thumbs up or thumbs down?" She gasped and said, "OH, My Gosh! He looks just like Robert Redford!" With that, I realized for the first time that she was right. He did! Ha! Too bad he lives in Philly!

OK, I told you I would not tell you dating stories, but that one was just kinda funny and the flowers were truly amazing!

Had some good news this week... I had been worried because I have shrunk in stature over the last year by TWO INCHES! I kid you not! I went from 5'7" to 5'5"! And one week after my check-up, I broke two toes playing with my puppy! Something that never should have happened. Anyway, after all of the testing - all is fine. No Osteoporosis, or anything like that. Just gravity and old age, I guess!



I started on Jeremy's parrot this week and will show you the first and second "pass." Still lots to do on him, but have to let him dry until probably the weekend. Then I will go in and begin to add some of the highlights and shadows. I also started a new gallery wall going up my staircase. This is getting silly! I need to work up the nerve to take a few to some galleries.



Remember I said I sold six birds and gave two away in the fall... well, I have had three more clutches since then! Four in one clutch - they are two months old now; three in another - they are a month old now; and just this week three or four (I still cannot tell because they kinda clump together when they are that young), hatched!! That brings me to what? 17?! Outrageous! Its not even spring yet! I have already started calling some pet shops, but thus far, no one needs canaries right now. Man! I will hit a few more this weekend. They are beautiful, but enough is enough. You know, the funny thing is, even if you look up breeding canaries online, it talks about how difficult they are to breed. Not at Judiwithani's! I can't get them to stop! They are even breeding in open nests in the "group" cage - something that RARELY ever happens! I guess I will have to start throwing eggs away - but what a SAD thing that would be! I'll let you know how this turns out. If any of you are local and would like a couple, let me know. They are truly beautiful! I would make sure you got two males or two females so you would not have the same problem! Man!

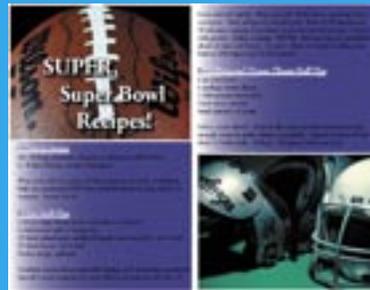


OK. Not only is it Super Bowl time and Valentines, but it is time to trim your roses back! I am serious. Valentines Day is the perfect time to trim your rose bushes back to about two feet high. I plan to attack mine this weekend. I have tons of them.

It is also the time of year that the outside birds need a little help. As I do every February, I will include my famous Bird Suet recipe so you can prepare it and have it on hand for the rest of the winter. I put some out last weekend and the birds attacked it. They were so hungry! Also, if you look at the New Year's Eve recipes on the recipe page, there are some cool ice wreaths you can make for them, too. And don't forget the Super Bowl recipes in the recipe section. There are some fun ones there.



<http://judiwithani.com/recipes/>



### Judi's Homemade Bird Suet

- 4 cups cornmeal
- 1 cup Crisco or lard
- 1 cup peanut butter, crunchy or smooth
- 1 cup flour
- 1 cup bird seed (I even use the left over bird seed from my bird cages)
- Add raisins or oatmeal as desired
- Mix all together and store in old jars. Does not need refrigeration.

Before I close this week, I want to thank all of you who cautiously wrote to tell me that I was spelling dining room wrong! (Dinning Room) Ha! I laughed so hard! Relative, co-workers, friends from afar! I know how to spell it, but it is one of those stupid words that I have to think about every time I type it. I was in a rush last week and don't think I even spell checked the Follies. But I DO appreciate it. If you are looking for mistakes, trust me, there are always PLENTY in the Follies, and I don't ever seem to see them until they are posted! I can take them down and redo them, but what a PAIN! And it NEVER works right! Anyway - Thanks. I LOVE hearing from you!

I will leave you with some shots of some of my special football friends. Please enjoy this weekend and continue to pray for our men and women overseas. May they return to us soon, safe, and successful!



Roman Gabriell, legendary NFL quarterback; Billy Ray Barnes of the Philadelphia Eagles; Jeff Severson (The Singing Safety), All-Pro for the Washington Redskins and the LA Rams; William Fuller, Houston Oilers, Chargers, Eagles; Bruce Smith, Washington Redskins; Gayle Sayers, star running back for the Chicago Bears; Deacon Jones, NFL Hall of Famer, Washington Redskins, LA Rams, and Chargers; Roger Brown, Detroit Lions and LA Rams; Merlin Olsen, LA Rams; The Fearsome Foursome; Dick Bass, the LA Rams; Joe Jacoby, Washington Redskin; Bill Bergey, ALL-Pro with the Eagles; Hoot Gibson, ALL-Pro Oakland Raiders and San Diego Chargers; Ted Hendricks, NFL Hall of Fame; Ken Huff, ALL-Pro for the Colts; Bruce Laird, ALL-Pro for the Colts; Dan McCauley, ALL-Pro for the Colts; Keith Williams, Dallas Cowboys; Roland Moss, New England Patriots; Jim Nemeth, Baltimore Colts; Joe Pizzo, Pittsburgh Steelers; Milt Plum, Cleveland Browns; David Ray, ALL-Pro for the Rams; Benny Snipes, Pittsburgh Steelers; Milt Plum, Cleveland Browns; David Ray, ALL-Pro for the Rams; Art Thoms, Oakland Raiders; Ben Davidson, Oakland Raiders; Erving "Blueprint" Parker...

*T*o all of you on my Friday Follies List, whether you are in Manila, Singapore, Kuwait, Bermuda, Virginia Beach, Mississippi, Los Angeles, San Francisco, Minnesota, Indiana, Colorado, Lake Tahoe, Philadelphia, Key West, New Jersey, North Carolina, Indonesia, Washington D.C., Iraq, Costa Rica, Poland, Maryland, West (By-God) Virginia, Nashville, Florida, Saudi Arabia, New Hampshire, Tampa, Chattanooga, France, Phoenix, New York, Oregon, Russia, Maine, Australia, Bangkok, or Yuma, have a wonderful, wonderful week!

**2008  
Super Bowl**



*God bless.  
Remember, life is short!  
We need to make it a good one.  
Grow in peace and wisdom.  
Your Friday Friend,*

**Judi Godsey**

PS. NOTE OF CAUTION. . . 20 employees were fired from The New York Times here in Norfolk for sending lewd and indecent emails. (To my knowledge, none of the 20 were on our joke list - even though some of the attorneys who represent the company were!) I have asked each and every one of you on this list to tell me if the jokes that accompany these "Follies" place you in jeopardy, or even if they offend you. Please understand that they are intended to be light-hearted and are not mean-spirited in any way. If you are ever offended, do not hesitate to ask to be taken off the Friday Follies Joke List. PSS. If you send a joke and I don't use it, it is because it has been used before, and I try not to repeat. Remember, I have been sending these since August of 1997. One tends to go through huge numbers of jokes that way. Disclaimer: When anyone asks if I type all of these jokes, the answer is, "No!" I cut and paste one evening during the week (30 minutes, TOPS). Obviously I don't have time to sit, read, and retype jokes all day!