



# FRIDAY FOLLIES

August 22 & 29, 2008



Hey!

August 22 & 29, 2008

There has not been much time to do the Follies lately... School started back these past two weeks with faculty orientations, convocations, and new families and students - and in the evenings, almost every evening has been Tides games. Awesome!

Unfortunately, this week (August 22) will be the last of the games for the season for me - and for Ken. They have one more home stand next week, but Ken has to be out of town, so we will celebrate our last Tides game Friday the 22nd. Makes me sad! I don't want summer to be over... It has been one of the nicest I can remember.

Jess and Ricky got to go with us to one of the games this week. It was the first night they have both been off in a while. They LOVED it! They are still so "lovey





dovey," it is adorable. I hope they always stay that way! Just "silly sweet... "

Unlike me and Jeremy who flinch and run every time there is a camera present, Jessica and Ricky actually ask to have their photo taken all the time. Jess even took the camera from me at one point -- thus the photo of her feet! Hahaha!



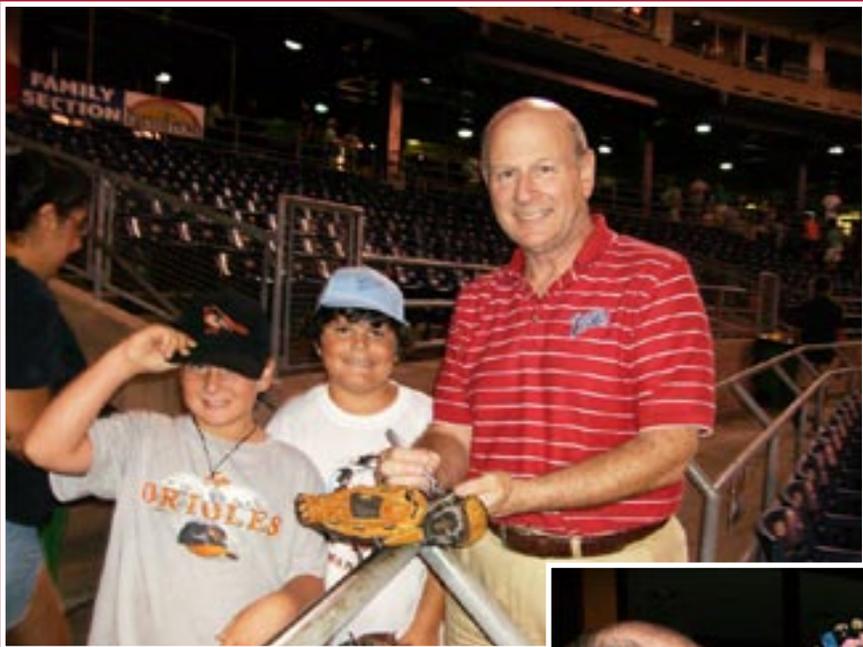
But the absolute funniest were these two photos of them AFTER they had eaten and eaten and eaten! They are both so used to restaurant food and cooking for everyone else, that they simply "pigged" out. I am not kidding - hot dogs, foot longs, veggie burgers, peanuts, funnel cakes, french fries, and beer, beer, beer! They literally moaned and groaned all the way home. Just hilarious! They had such a good time!

I explained to them that Ken and I do not kiss, hold hands, or drink beer at the games. It is business, you know. But I told them it was OK if they did. They teased us all night long about that as they kissed, held hands and drank beer - something they do not do while they are at work either - - Very cute.



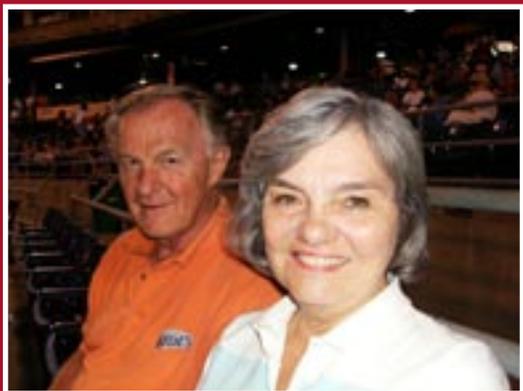
Sometimes after the games, kids will come up to Ken and ask for his autograph. Unfortunately, that did not happen while Jeremy or Jess and Ricky were at the games - I wish it had. That would have been kinda cool. But these kids are so suave about it!

They come up - kinda meekly at first - and ask for Ken to sign their hat, baseball mitts, etc. The whole time, they are making "bug eyes" at each other and nodding at Ken's World Series rings. I cannot describe to you here how precious it is.



Another night, one of his partners in a couple of teams and his wife were in town and joined us for a game. That was fun. We went out after to a sports bar and half of his staff was there celebrating Gretchen's 30th birthday! Her mom actually has made her a birthday hat since she was a little girl and still sends her one in the mail every year. Gretchen wears it! Every year! Is that cool, or what? I told her I thought that would make a neat newspaper story... Too bad I heard about it too late.

Friday night was also my night to say "good bye" to folks who had become friends over the baseball season! Romeo never failed to save a perfect parking spot for me right in front of the stadium - all for jars of pasta sauce... Al and Ruth, Chip and Genie, were always great Ushers... and, of course, there was Larry and Betty, Dave and Carol! They actually asked me to come back to the games this week with them while Ken is away - but I just can't do that knowing he has to miss his final week of the Tides.



The Jonas Brothers were here this past week, too. Talk about a sensation! It was SOLD OUT and almost all of the seats were filled with "tweens." The concert was supposed to have been just spectacular! Every young girl I met this past week had gone. At one point I took a photo of a





group of about twelve Middle School girls and before I snapped the photo, I asked how many of them had been to the concert the night before. **ALL TWELVE** hands went in the air and they all squealed with delight! It was so adorable! And one guy we talked with had the snow cone and cotton candy concessions for the concert that night. He said he sold over \$13,000 worth of snow cones and cotton candy during that four hour period. **WOW!** \$13,000 of nothing but sugar, food coloring, and ice! Bet he had a nice profit margin!

The Rock N Roll Half Marathon is this weekend. The neighborhood is gearing up for it. Most of the friends I had running in it have dropped out for one reason or another, but I still have a few that will be in it. I am thinking of having another "slumber party" since the streets will be blocked off from about 2 a.m. until noon the next day. Folks can come over and party Saturday night, fall on one of the many couches, and sleep -- Then get up to Bloody Mary's, Mimosas, and a big breakfast while watching the race from lawn chairs! Just decadent! It is always so much fun - especially with all of the bands playing!



OK. I will close with an editorial that was in the Washington Times Sunday from a good friend of mine. I think it is pretty powerful! Enjoy the Democratic Convention! Don't we live in an awesome country! Michele and Ted were great and I look forward to hearing my Marky Mark tonight!



“Attached is my latest op-ed published in the Washington Times yesterday.  
All The Best, Ace”

Sunday, August 24, 2008

LYONS: China's one world?

James Lyons

#### COMMENTARY:

With all the world's attention focused on the Beijing Olympics and to a lesser extent, the “truce” in Georgia, we should not underestimate the serious implications for U.S. strategic objectives posed by the Chinese military modernization programs, (Russia's announced modernization programs is another element).

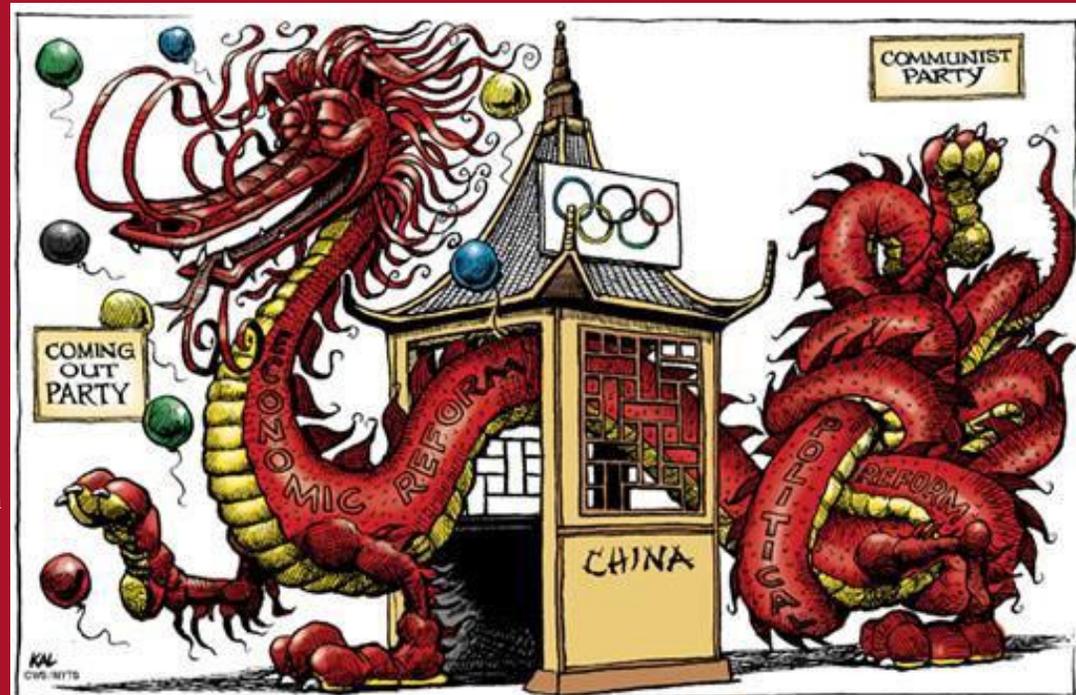
Notwithstanding China's propaganda about banning weapons in space, the People's Liberation Army now has a demonstrated capability to intercept and destroy U.S. satellites in Polar and Low Earth Orbits. We should expect that more capable follow-on to the SC-19 anti-satellite weapon will allow the PLA to target even higher orbit satellites, like our critical GPS navigation and radar surveillance satellites.

As it builds systems to fight in or from space, China is also quickly exploiting space for military missions on Earth. China has an initial electro-optical and radar satellite constellation that will this year be joined by Russian-designed surveillance satellites. It should be noted that China has broken with Europe's Galileo navigation satellite program and will loft its own 30 satellite constellation to compete with the United States, Russian and European NavSat Systems. In April, China launched its first tracking data relay satellite to lessen its dependency on ground satellite control and relay stations. The emerging systems will in the near future enable global precision targeting by Chinese weapons.

China's space surveillance is being complemented by even more capable ground and sea systems. China has built several sky-wave based Over-the-Horizon radar stations that for the first time allow the PLA to monitor continuously U.S. Navy ship movements hundred miles out in the Western Pacific. China will also soon have new underwater sonar sensor networks designated to monitor and greatly aid in targeting U.S. submarines.

The PLA's space networks and ground surveillance systems will help target the PLA's new revolutionary long-range anti-ship ballistic missiles. Today, the 2,500-kilometer-range DF-21C medium range ballistic missiles and the 700= kilometer-range DF-15A tactical missiles are being deployed along the Taiwan Straits. While those missiles were influenced by the old U.S. Pershing 2 radar guided ballistic missile, China's system is far more capable and effectively keeps U.S. carrier battle groups out of their range until the U.S. Navy can put enough truly effective anti-missile defenses to sea.

It also argues for a stealth long-range attack aircraft as part of the airwing to provide more flexibility on how we employ our carriers. China can in the future sell these missiles to its rogue allies like Iran and further complicate U.S. security objectives.



Complementing the anti-ship ballistic missiles, China has purchased advanced Russian anti-ship missiles like the supersonic Sunburn and the very advanced Club-two-stage anti-ship missile. (We need to ensure that our ship defense can defeat these missiles). China also is developing its own advanced anti-ship missiles and its navigation satellite-guided bombs, like the U.S. JDAM.

By 2010, the PLA Navy could have about 60 very modern to moderately capable submarines. The threat from conventional and nuclear submarines cannot be overstated. Even older “Ming” class designs from the 1970s are modernized, and have been quieted enough so they can approach a ship and get off one deadly shot.

The implications for the U.S. Navy are clear. In 1987, I had 255 ships including seven aircraft carriers in the Pacific Fleet which is almost what we have in the entire Navy today.

We have taken some steps to improve our anti-ballistic and anti-ship missile capability, but more needs to be done. We obviously need to ramp up our ship building program. Cancellation of the Zumwalt DDG-1000 program was the right move with more focus on building Arleigh Burke DDG-51 missile destroyers and improving their defensive capability.

With increasing range of anti-ship missiles, our carrier airwings need a long-range stealth attack capability, both manned and unmanned. With the accelerated modernization of both China and Russia's military forces, the silver medal won't carry the day.

*James “Ace” Lyons, a retired U.S. Navy admiral, was commander in chief of the U.S. Pacific Fleet (the largest single military command in the world), senior U.S. military representative to the United Nations and was deputy chief of naval operations, where he was principal adviser on all Joint Chiefs of Staff matters.*

And last but not least - photos of some of the stuff I brought in ONE DAY this week from my garden! Man! I am actually a bit tired of cooking, but I am not going to waste! If we have an emergency or a hurricane, I will be able to feed the entire neighborhood for weeks! Hahaha!

**SEE WHAT I MEAN!**

**Hey!  
Waste not - -  
Want not!  
Have a  
Fabulous  
Labor Day, Y'all!**

Remember to pray for our men and women overseas, that they return home to us soon, safe, and successful! God bless.

*Buy Cook Books, y'all! Ha!*



*To all of you on my Friday Follies List, whether you are in Manila, Singapore, Kuwait, Bermuda, Virginia Beach, Mississippi, Los Angeles, San Francisco, Minnesota, Indiana, Colorado, Lake Tahoe, Philadelphia, Key West, New Jersey, North Carolina, Indonesia, Washington D.C., Iraq, Costa Rica, Poland, Maryland, West (By-God) Virginia, Nashville, Florida, Saudi Arabia, New Hampshire, Tampa, Chattanooga, France, Phoenix, New York, Oregon, Russia, Maine, Australia, Bangkok, or Yuma, have a wonderful, wonderful week!*

**G**od bless.

**R**emember, life is short!

**W**e need to make it a good one.

**G**row in peace and wisdom.

**Y**our Friday Friend,

Judi Godseu

**Don't Forget! Just Judi's Favorites Volume One • Appetizers and Just Judi's Favorites Volume Two • Breakfast, Brunch, and Late Nite are now available!**

You can get to both from the links page on my website!  
Thanks to those of you who have already ordered your copies! Just Judi's Favorites • Volumes Three through Ten are on their way!



PS. NOTE OF CAUTION... 20 employees were fired from The New York Times here in Norfolk for sending lewd and indecent emails. (To my knowledge, none of the attorneys who represent the company were!) I have asked each and every one of you on this list to tell me if the jokes that accompany these "Follies" place you in jeopardy, or even if they offend you. Please understand that they are intended to be light-hearted and are not mean-spirited in any way. If you are ever offended, do not hesitate to ask to be taken off the Friday Follies Joke List. PSS. If you send a joke and I don't use it, it is because it has been used before, and I try not to repeat. Remember, I have been sending these since August of 1997. One tends to go through huge numbers of jokes that way. Disclaimer: When anyone asks if I type all of these jokes, the answer is, "No!" I cut and paste one evening during the week (30 minutes, TOPS). Obviously I don't have time to sit, read, and retype jokes all day!