

# FRIDAY FOLLIES

August 6, 2004

Hey!

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Man! It is August and just this past weekend, I had a chance to go out on the boat for the first time this summer. Isn't that ridiculous? What a shame. Early June, the tides are always way too low. Then I was out of town. Then, we hit the monsoon season - I am not kidding - thunderstorms every single day and night for weeks now. And now, "Alex."

Anyway, it was wonderful to just go out with no agenda . . . we even forgot the fishing poles! I will tell you, though, every time we take the boat out, I realize just how fortunate we are to live in Virginia Beach. It is just spectacular! I have always lived near the ocean or near large rivers except for when I lived in Lemoore, California - which was, basically, an irrigated desert (but very beautiful in its own way). But I have never lived on brackish water before. The wild life and the colors change with every season. Watching the tides and learning about how different seasons, moons, and gravitational pulls affect them just fascinates me. I also learned very early on when we moved into this house that you do not call it "mud" when it is low tide - you call it "marsh." Ha!

Anyway, we had a lovely day on the water. We went out at 9:30 a.m. and returned home at 6:00 p.m. It was so relaxing. Something I truly needed right now. I have been so stressed out that I have not been able to sleep. I kid you not.



There have been a couple of nights when I have not closed my eyes. There was one night last week when JP went to do his radio show and while he was gone, I cooked and canned all of the veggies we had harvested so far. But when that was finished (around mid-night), I was still "wired!"



*So, I started to paint. (Watercolor - I told you I am learning how to or am trying to learn how to paint with watercolors.)*

*Well, I started this painting and finished up at 2:30 a.m. I was so excited that I actually got JP up to come look at it. (Bless his heart!) I was just so excited! I think I finally got to sleep around 3:30 a.m. Oh, well. At least I am productive when I can't sleep!*



*Here are some shots of the harvest from just this past Sunday. I am taking lots of photos so I can "doctor them up" and someday (someday) maybe put them in my cookbooks. Aren't they beautiful!*





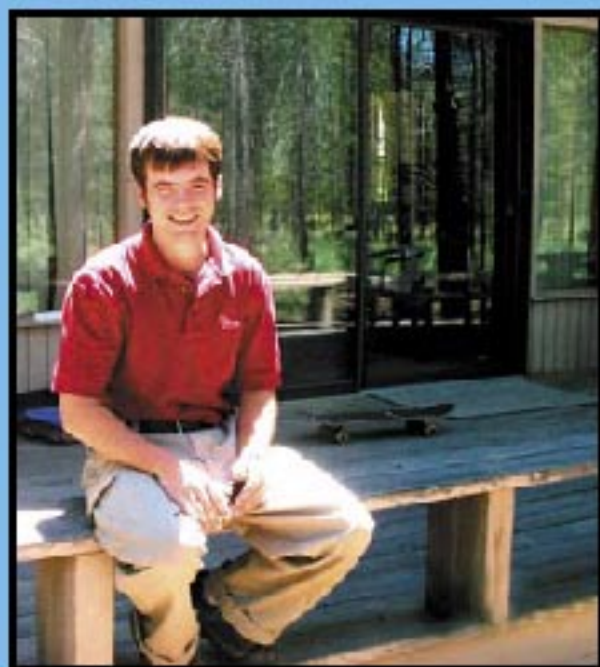
Got these great photos of Jeremy, last week. He is living in Sunriver, Oregon where he goes to school, runs the banquets at the Sunriver Resort, and actually runs the airport a couple of days a week. I cannot wait to go out and see him. Sunriver is supposed to be as neat to visit in the summer time because of the fabulous golf as it is in the winter with its skiing in the area. He really loves it. His dad was visiting and said his A-Frame house is really cool. And look! There is my Grand-dog, "Dock."



The next few shots show some of the incredible scenery and homes around here.



The home above is my best friend's new home. Just magnificent! The one to the left is where another best friend "used" to live - but she bought a bigger, nicer home. The one at the bottom shows a mode of transportatin that is getting more and more popular every day around here.





*This is a typical little beach we like to go to on Broad Bay. Broad Bay is about 1/4 of a mile from the Atlantic Ocean "as the crow flies," but you have to go into the Chesapeake Bay and enter the Lynhaven River to get there. There are private beaches, bike trails, state parks, and mansions everywhere. Plus, it is all local folks out in their back yards, skiing, fishing, camping, etc. No traffic, no tourists, no crowds or lines at the small cafes, pubs, and restaurants.*

*And the next page shows you a typical fishing boat that pulls in periodically. There are lines of folks waiting to buy the fresh catch.*





*(By the way, the house in the background above belongs to Pharell Williams of the Neptunes. Pretty cool, huh?)*

*And the photo on the last page seems out of place - but it arrived in the mail this week from our friends in Yuma, Arizona. We had not seen it, so they sent it - in Mexico last October.*



To all of you on my Friday Follies List, whether you are in Manila, Singapore, Kuwait, Bermuda, Virginia Beach, Mississippi, Los Angeles, San Francisco, Minnesota, Indiana, Colorado, Philadelphia, Key West, New Jersey, North Carolina, Indonesia, Washington D.C., Iraq, Costa Rica, Maryland, West (By-God) Virginia, Nashville, Florida, Chattanooga, New York, Oregon, Maine, Australia, Europe, or Yuma, have a wonderful, wonderful week.

God bless,  
Remember, life is short...we need to make it a good one.  
Grow in peace and wisdom.  
Your Friday Friend,

# Judi Godsey



PS NOTE OF CAUTION... 20 employees were fired from The New York Times here in Norfolk for sending lewd and indacent emails. (To my knowlege, none of the 20 were on our jobs list - even though some of the attorneys who represent the company were!) I have asked each and every one of you on this list to tell me if the jokes that accompany these "Follies" place you in jeopardy, or even if they offend you. Please understand that they are intended to be light-hearted and are not mean-spirited in any way. If you are ever offended, do not hesitate to ask to be taken off the Friday Follies Joke List. P.S.S. If you send a joke and I don't use it, it is because it has been used before, and I try not to repeat. Remember, I have been sending these since August of 1997! Our trends to go through huge numbers of jokes that way. Disclaimer: When anyone asks if I type all of these jokes, the answer is, "No!" I cut and paste one evening during the week (30 minutes, TOPS). Obviously, I don't have time to sit, read, and retype jokes all day!

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