

# FRIDAY FOLLIES

April 24, 2009



# BAM!!!

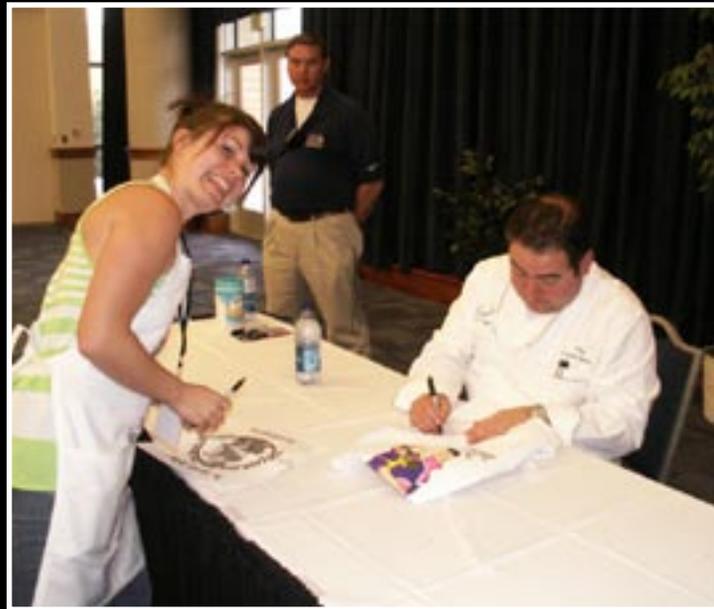
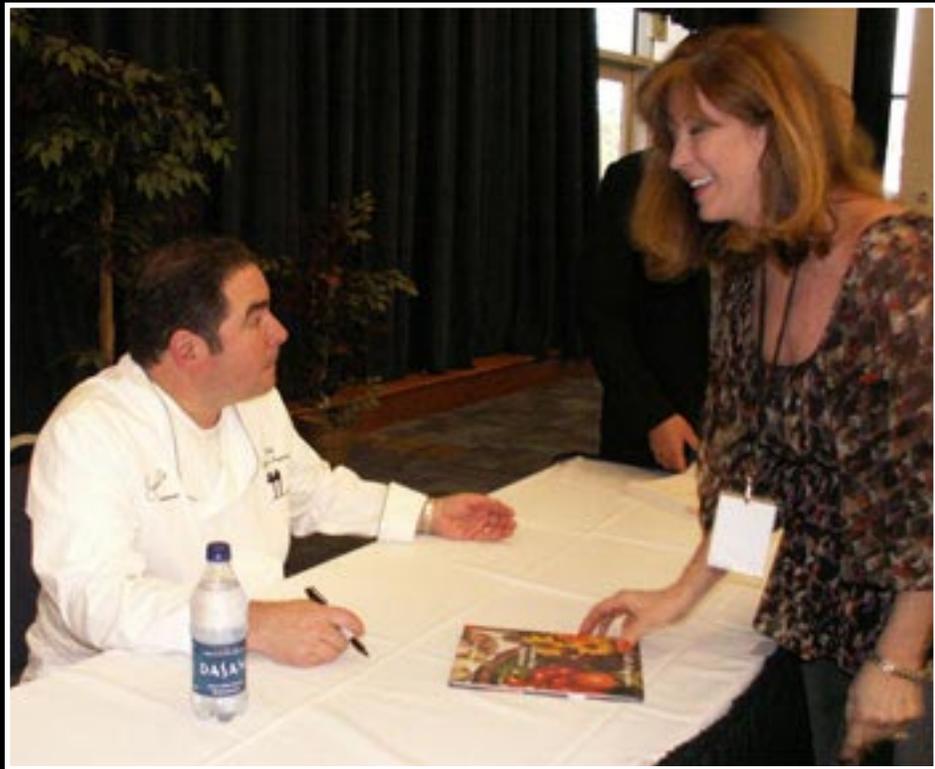
Hey!

April 24, 2009

My sweet Jessica asked me to do her a favor and help her out with a food show this past weekend. I have done food shows before, and let me tell you - they are HARD work - but this one I really looked forward to because it is such a big deal. It was the "kick it up a notch" Virginia Culinary Expo with world renowned Chef Emeril Lagasse and Fabio (*The Top Chef chef... not the "hit-in-the-nose-with-a-geese-on-a-roller-coaster-at-Busch-Gardens" Fabio!*)

They both cooked for live shows and the VIP audience got to sampling of the food. Anyway, it was great fun and thousands of folks attended.

We, of course, knew we would be working *The Jewish Mother's* booth and would not have time to sit and watch the shows, but we ended up having all of the backstage privileges and a VIP "Meet and Greet" pass with Emeril after one of the shows. Our booth also ended up being right near



the stage, so we had prime spots to watch the shows anyway!

I love Emeril, but my real favorite is Fabio! He was always so creative on Top Chef and acted and reacted with such class. He was very warm and friendly when I met him accidentally backstage. We actually bumped into one another several times during the day and it got to be kinda funny. By the end of the day, we were just smiling and waving like long-lost friends. He would just wink and throw his hand up in the air!

Emeril was his usual funny self. His shows were just hysterical with his "little side stories" while things cooked. But what struck me was that in the audience and in the session after - MEN - LOTS AND LOTS OF MEN! MEN were buying his cookbooks and MEN were rushing to get an autograph. Too Cute.

BAM!!!

Of course there was plenty of food tastings and beer, wine, and spirits tasting, too.

I am not kidding you when I say that, "I AM SO PROUD OF MY JESSICA!" She orchestrated the whole event, decorated the booth, and handled all of the business and logistics. I don't think either of us (or Scotty) were surprised at the numbers of people, but I LOVED what *The Jewish Mother* chose to serve as a sampler! They are known for their great food - in particular their



sandwiches and decadent desserts (not to mention their music venue...), but instead of doing a gumbo or some easy soup to serve, we did their famous Brownie Sundaes! Brownies smothered in ice cream, whipped cream, and chocolate and caramel! YUMMM! And they were beautiful as well as tasty! Folks were lined up all down the corridor to get one. Many people stopped in twice.

I stopped counting after we served the 800th sundae! I kid you not! What fabulous advertisement for them. Every-single person that stopped will remember them and many, many of them had glowing comments about the place when they stopped by the booth. Anyway, we all slaved away for hours and she handled herself with true grace and class.

Needless to say, we were all POOPED when it was over!!! We made Scotty take it easy since it was only one year ago this week that Ricky donated his kidney to his father. (Hard to believe it has been a year!)

Well, this seems to be the time for things to break! My truck broke, my hearing aids broke - twice, every yard tool I have broke including the lawn mower and weed eater, my car broke down tonight (Monday night) after the game, and earlier this week, my alarm clock broke!

When I say my alarm clock broke, you have to understand... it is no ordinary alarm clock.



It has flashing lights that flashes on the ceiling, an alarm that is as loud, literally, as a fire alarm, and it even has a vibrator that fists under my pillow to shake my head! Would you believe that sometimes that still does not wake me! Anyway, it starts going off around 5:30 in the morning. At 7:15 the other morning, I awoke to the daylight. I then realized that my alarm was going off, but my pillow was not shaking! I stuck my hand under my pillow and it was HOT! It almost burned my hand! That silly vibrator had been going off for two solid hours and had burned up! What if it had caught my pillow on fire?! I could do nothing but laugh about it all morning.



All I could think of was that I have so many reporter friends that I am sure the headline to my obit would have been something like - - -

*"Deaf Woman Killed By Vibrator!"*

Hahaha! Needless to say, I got that fixed right away! :-)

I started a new painting this week, too! I think I am going to like it, but it still has a long way to go. Here it is at the top in the initial stages - colors just blocked in. I will show it to you when I finish it.



Oh, and here is my new baby bird. His dad is a "Red Factor" meaning he has red colors in his feathers - kinda rare - and the mom is a brownish crop top - also rather rare. Right now he is all yellow, but it will be interesting to see what colors he turns and if he has a crop top. Have not named him yet. Isn't he cute? Just opened his eyes a few days ago.



**Lots of other stuff going on.... Almost too much!**

**Ken came home for a week and we have tried to spend some time together going to dinner and games and such in between working. It has been nice. Opening night was to-night. It was the 41st opening game with all of the ceremonies planned. Rained BUCKETS an hour before the game and then cleared off and was beautiful - but unfortunately, the field was too wet to play on. They went ahead with the opening ceremonies since it was Air Force appreciation night. There were reporters, fans, sports anchors, Generals, tug boats, and even seagulls sitting on the water in the outfield! Really strange night!**

**Then when I went to get in my car after the game had been called off, it would not start. Oh... What a surprise! LOL! All-in-all, it has been a great week. Ready for things to slow down a bit because I am headed BIG TIME into many publication deadlines.**

**Order cookbooks!  
Buy paintings!  
Order products!  
I have to pay for getting things fixed! :-)**

**Face book! Join! And now Twitter.... what a trip! See you all there eventually!  
Love to you all...**



**T**o all of you on my Friday Follies List, whether you are in Manila, Singapore, Kuwait, Bermuda, Virginia Beach, Mississippi, Los Angeles, San Francisco, Minnesota, Indiana, Colorado, Lake Tahoe, Philadelphia, Key West, New Jersey, North Carolina, Indonesia, Washington D.C., Iraq, Costa Rica, Poland, Maryland, West (By-God) Virginia, Nashville, Florida, Saudi Arabia, New Hampshire, Tampa, Chattanooga, France, Phoenix, New York, Oregon, Russia, Maine, Australia, Bangkok, or Yuma, have a wonderful, wonderful week!

**G**od bless.  
**R**emember, life is short!  
**We need to make it a good one.**  
**Grow in peace and wisdom.**

**Your Friday Friend,**

Just Judi's Favorites  
Volume One • Appetizers  
Volume Two • Breakfast, Brunch, and Late Nite  
Volume Three • Soups  
Volume Four • Salads  
Volume Five • Sides

All available on [www.judiwithani.com](http://www.judiwithani.com)  
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# Judi Godsey

PS. NOTE OF CAUTION. . . 20 employees were fired from The New York Times here in Norfolk for sending lewd and indecent emails. (To my knowledge, none of the 20 were on our joke list - even though some of the attorneys who represent the company were!) I have asked each and every one of you on this list to tell me if the jokes that accompany these "Follies" place you in jeopardy, or even if they offend you. Please understand that they are intended to be light-hearted and are not mean-spirited in any way. If you are ever offended, do not hesitate to ask to be taken off the Friday Follies Joke List. PSS. If you send a joke and I don't use it, it is because it has been used before, and I try not to repeat. Remember, I have been sending these since August of 1997. One tends to go through huge numbers of jokes that way. Disclaimer: When anyone asks if I type all of these jokes, the answer is, "No!" I cut and paste one evening during the week (30 minutes, TOPS). Obviously I don't have time to sit, read, and retype jokes all day!