



FRIDAY FOLLIES

March 5, 2010



Hey!

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Here is the thing about Facebook...

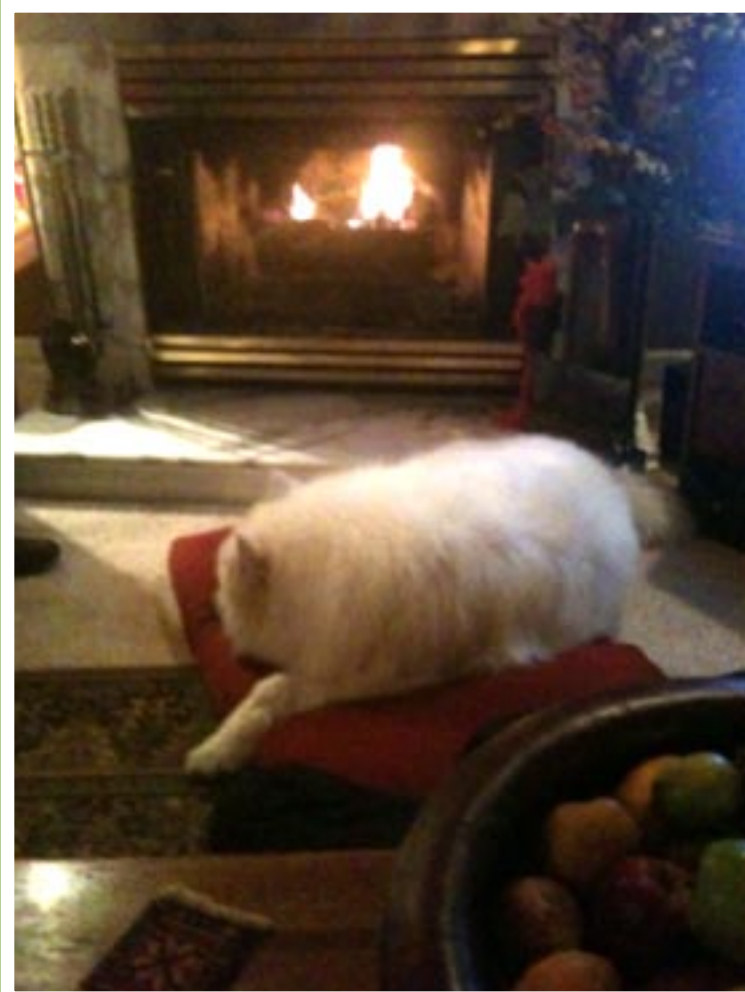
Someone got in touch with me a few days ago that I have not seen nor heard from since the late 1970s. He and his wife used to hang out with my husband and me, and we were all very close friends in the same Navy Flight squadron in California.

Anyway, he found me through a round-about way and sent me this photo of his wife, Barb, me, and another girlfriend, Gloria, waiting on our husbands to fly in after being on cruise for 9 months. It was Mother's Day - 1974ish - 6ish, I guess? LOOK at this photo! Look at our clothes! I remember buying that outfit just for the fly-in! I spent a fortune on it and thought I looked like a million bucks! Hahaha! Look at Gloria's hat, for crying out loud!

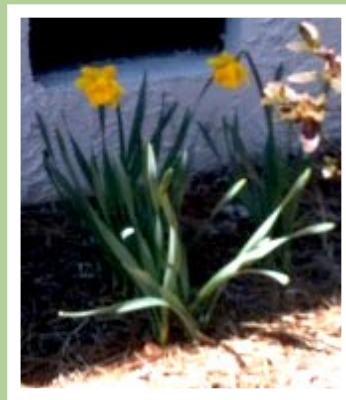
Oh, it is so sweet, but it just makes me laugh! Those were awesome days! To be newly married, twenty something, being with other couples who were doing the exact same things you were, no children yet, living in California, and traveling the world. Very cool.

Thanks for the photo, Lefty, and also for the compliment. (He said I looked like CZJ... which I did at the time...)

This week has been Spring Break for me. We had a snow day, though, so



not a lot of spring in the air, yet. Ollie and I have been cozy by the fire most of the week. On one of our walks this week, I spotted my first daffodils and crocuses in my neighbor's yard, though. Yay! It won't be long now.



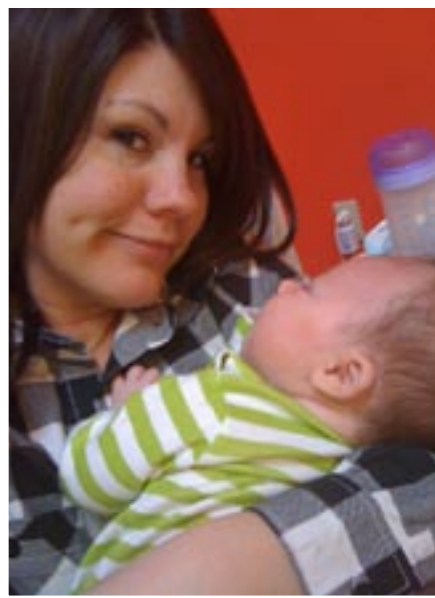
Also this week, I had some dental surgery and a couple of other doctor appointments I had been putting off. Completed my taxes, too. Yay, again! Not quit Puerto Rico, is it? But with all of the earthquakes, storms, tidal waves, and Tsunami warnings, I am not sure I would have wanted to be away from home anyway...



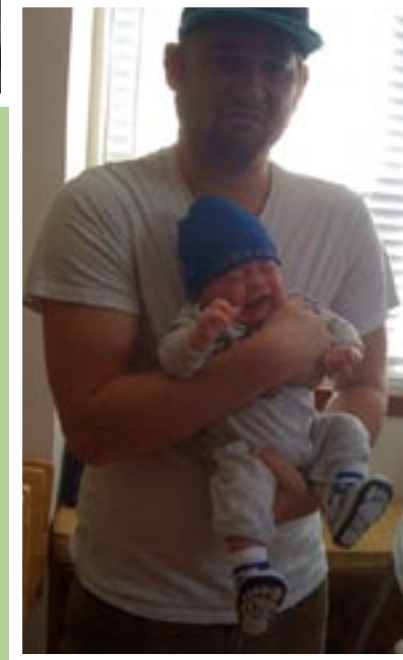
What a scary time. Went through several (5+) earthquakes while living in California... not fun! No warning, no way to leave like with a storm or a hurricane. I do remember once on vacation falling into a deep sleep watching TV in bed in our hotel room in Monterrey. I woke up from a dead sleep, sat straight up in bed and said,



“What was that?” It seemed to be nothing, so I lay back down. As soon as my head hit the pillow, the room started to shake and things started to happen. Even the coffee pot flew off the wall and smashed on the floor. Of course, by the time we could get to the doorway, it was over, but I am telling you, they are scary!!!! I guess like animals and birds, I somehow sensed it coming during my sleep.



Speaking of sleep, I don't think Jessica and Ricky have been getting too much. Baby Kai went through a spell of being pretty cranky! Since then, they have changed his formula and have been to the doctor several times, and I am happy to say that he is MUCH better. Now they can begin to enjoy him -- between yawns.



LOOK how big and sweet he is. I think my favorite is the one where he looks like he is praying. Either that one or the one on the previous page with his monkey hat on. Oh heck! What am I saying! They are ALL my favorite!!! (smile)

Well, I have to tell you --

It has been about seven months now since I stopped seeing the gentleman I had been seeing for two years. It has been six years since my divorce. It might sound strange to you that I have





gone seven months without dating anyone, but I really have enjoyed simply being with myself for the time being. I think it is nice - and actually important - to have some time like that. But I am finally starting to feel like I want to meet someone and start dating again. That is a good thing, right? I don't mean I am pinning away, or anything, but just starting to think it might be nice. Hmmm... We will see...

I will tell you something else about this transition I am in - it has been a bit of a revelation for me this week. After a divorce, even though it is a huge relief, and even if what happened was far beyond your control or even your understanding, you have a tendency to be very hard on yourself. I finally realized this week that that is what I have been doing to myself now for six years! Instead of wringing my hands about financial matters and wishing I could make the yard and house look better, and worrying about keeping my job after the cut-backs, and on and on and on -- what I finally looked around and really saw this week was incredible!!!!



I have a beautiful home filled with lovely things in one of the more desirous living areas in the world! I bought it by myself, have kept it up, have never even been close to being late on any payment, have managed to make ends meet while doing all of the cleaning and maintenance and yard work myself. I have helped friends and kids out of jams, have had my son live with me for a while until he was settled again after a cross-country move, have helped my daughter with her marriage, setting up her house, and then through her

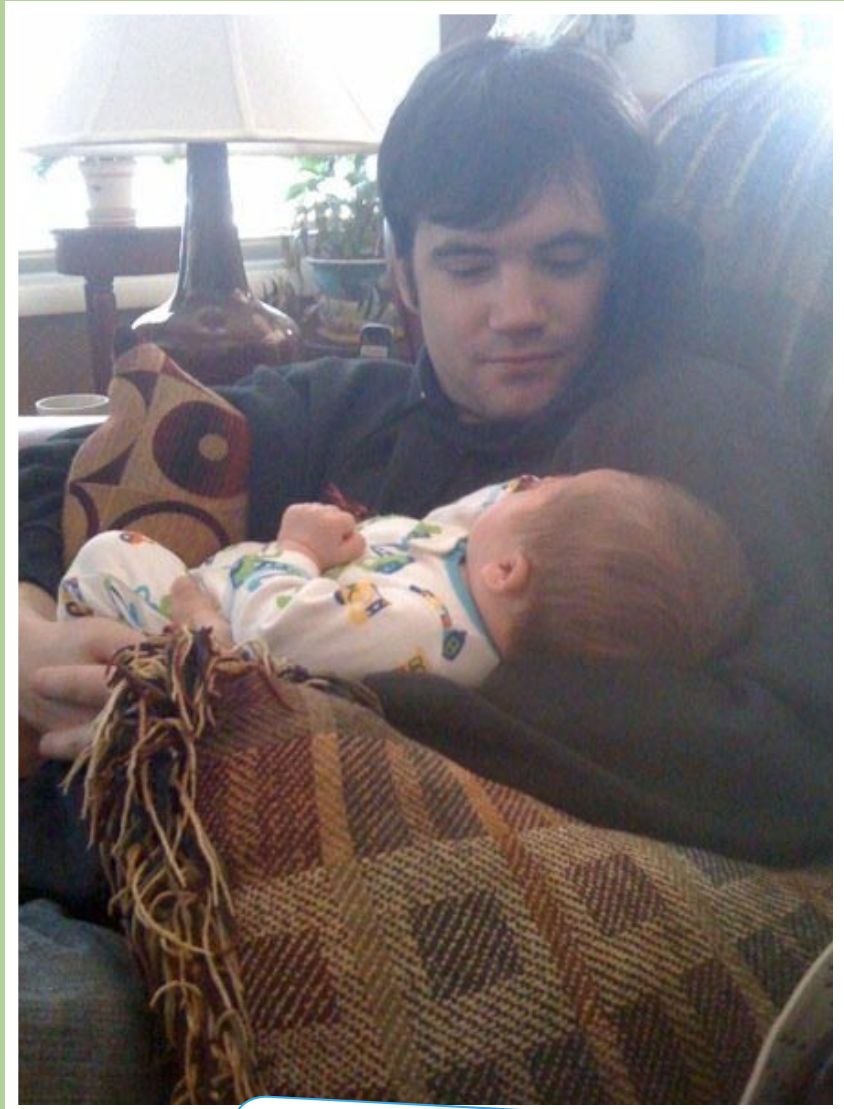
pregnancy two years later, and I have made some incredible friends along the way.

I am finally - for the first time - smacked in the face with it all, and I am finally - for the first time - PROUD of myself! That is not to say there won't be worries these next few coming months, but I am simply NOT going to allow myself to berate myself anymore.

Once I took a step back and looked at it all, I was simply overcome at how badly I have thought of myself, when in fact, what I had accomplished was pretty remarkable. Now I need to STUFF the worry and try to enjoy each day for what it is.

Did not mean to get preachy, (smile) just really felt like I wanted to say that...

OK. Gotta get going. One last, sweet photos of Kai with his uncle Jeremy, and I am off.



Much Love To You All!

Just Judi's Favorites
Volume One • Appetizers
Volume Two • Breakfast, Brunch,
and Late Nite
Volume Three • Soups
Volume Four • Salads
Volume Five • Sides

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To all of you on my Friday Follies List, whether you are in Manila, Singapore, Kuwait, Bermuda, Virginia Beach, Mississippi, Los Angeles, San Francisco, Minnesota, Indiana, Colorado, Lake Tahoe, Philadelphia, Key West, New Jersey, North Carolina, Indonesia, Washington D.C., Iraq, Costa Rica, Poland, Maryland, West (By-God) Virginia, Nashville, Florida, Saudi Arabia, New Hampshire, Tampa, Chattanooga, France, Phoenix, New York, Oregon, Russia, Maine, Australia, Bangkok, or Yuma, have a wonderful, wonderful week!

God bless.
Remember, life is short!
We need to make it a good one.
Grow in peace and wisdom.
Your Friday Friend,



Judi Greenhaw

P.S. NOTE OF CAUTION. . . 20 employees were fired from The New York Times here in Norfolk for sending lewd and indecent emails. (To my knowledge, none of the 20 were on our joke list - even though some of the attorneys who represent the company were!) I have asked each and every one of you on this list to tell me if the jokes that accompany these "Follies" place you in jeopardy, or even if they offend you. Please understand that they are intended to be light-hearted and are not mean-spirited in any way. If you are ever offended, do not hesitate to ask to be taken off the Friday Follies Joke List. PSS. If you send a joke and I don't use it, it is because it has been used before, and I try not to repeat. Remember, I have been sending these since August of 1997. One tends to go through huge numbers of jokes that way. Disclaimer: When anyone asks if I type all of these jokes, the answer is, "No!" I cut and paste one evening during the week (30 minutes, TOPS). Obviously I don't have time to sit, read, and retype jokes all day!