

FRIDAY FOLLIES

March 4, 2005



*What do ya mean, **SPRING BREAK!***

Hey!

March 4, 2005

The photo on the front is from my son, Jeremy. I'll explain in a minute, but first...

While I was home in Mississippi, I met the most impressive young, black man who waited on us at The Grille, a popular restaurant in my home town. My brother recognized the young man immediately, introduced himself, and shook his hand. He then introduced the young man to me. His name was Rico Jones.

Rico sat and chatted for a while, and I learned that this handsome, articulate, twenty-something guy had his masters degree, was a right fielder for Mississippi State baseball for many years, and had already done an internship in Birmingham with the South Eastern Conference (SEC). He had just completed his internship and was now in search of a career in sports.

The more we talked, the more the "wheels continued to turn..."

I couldn't help but think about all of the "Forrest Gump" contacts I have made in sports over the years...and he was just starting out. . . Amazing! Then I thought of a friend of mine who owns a Triple A team for a major league baseball team, another Triple A team in Arizona, and a minor league hockey team. He is also getting more and more into entertainment management. Anyway - I thought it might be a nice fit. I called my friend the day after I got back and emailed Rico's resume to him. My friend is actually very interested in talking with him! I sure would have hired the kid. Now my friend just might! Wouldn't that be cool! (Hey there, Mr. Grisham. You'd like that, wouldn't you?)



Mississippi State
University Athletics



Remember me telling you that Jeremy had snow, snow, snow in Squaw Valley Tahoe this winter? Well look at this! He finally sent me photos this week. I could not believe my eyes! He was telling the truth when he said he opened his door and there was nothing there but snow! LOOK at these photos!

Talk about needing a Spring Break! They had 19 feet of snow in 11 days earlier this winter!



The first two photos are of the view out of his front door...and the last one is of his new car. It took him 8 hours to dig out! Eight hours! I can not imagine!



And then there is his dog, Dock. Dock is giving him fits right now...Runs off...Gets into trash and debris and rolls in it. Jeremy is just distraught and exasperated with him right now.

Then I reminded him that the dog is part WOLF, and he said, "Oh, Yea. That's right!" Ha!



(Wait until it is a child he is calling home about...) "Oh, yea, son. Remember! Your mom is part Cherokee!" I can just hear him now...

Hey...You will never believe this.

You know for years I have been an administrator at a Prekindergarten through Grade 12 school here. I do the press releases and all of the publications among other things. Well, yesterday, one of the Lower School teachers wrote me an email and said, "I don't know if this is a good story idea or not, but one of my students is the great, great, great, great grandson of President U.S. Grant! His mom is coming to my class tomorrow to talk to the students and show some artifacts."

I almost died! President Ulysses S. Grant! Now remember - I am from Mississippi!

The press didn't come on such short notice, but I think they will follow up with a story later. Needless to say, I was there today after sending a few press releases, and it was amazing! I was so impressed with the simple, matter-of-fact presenta-



tion! They even brought the White House China that was President Grant's! It was so ornate - not like the pure white china, wooden, or tin plates like most families had back then. I was totally in awe of the whole presentation! Mom's Grandma, the great, great, granddaughter, is still alive and tells many tales of Grant. I would

LOVE to meet her! Isn't that cool!

Another neat thing this week...Dr. Martin Seligman has announced the start of a new program at Penn. State that is awesome! I know from extensive study of psychology in college that this is looong overdue!

All of you considering continuing your education - even if you are not in the Penn. State area - look this up and consider it! It is a FIRST!

*Dr. Marty ,
GOOD for you!*

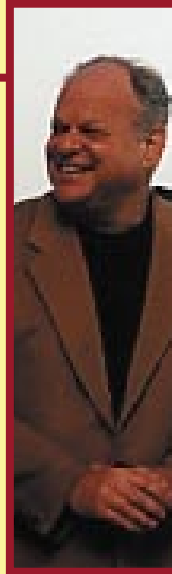
Hi,

I promised to keep you posted about when applications would be available for the Master of Applied Positive Psychology Degree Program here at the University of Pennsylvania.

Now!

This is the first and only degree program in Positive Psychology anywhere in the world. This program provides an important opportunity for psychologists, educators, life coaches, and health and business professionals interested in the application of the science of Positive Psychology to earn a pioneering degree from an Ivy League university. The program is also open to recent college graduates interested in studying Positive Psychology before applying to a Ph.D. program or attending a professional school.

Our first class of students will begin in September 2005. I am looking forward to teaching Positive Psychology in this pioneering venue, and I hope to see you in that class. This is an unprecedented and unique opportunity to immerse yourself in the theory and practice of Positive



Psychology. For more information on the program, including instructions on how to apply, please visit www.pennpositivepsych.org.

Wishing you an Authentically Happy day,

Marty

How Cool is that!

This man is going to make HISTORY!

HAPPILY!

AUTHENTICALLY!

REALISTICALLY!

God bless you, Dr. Marty!

*OK. Gotta go! Talk with you next week!
SPRING is coming!*

That makes ME HAPPY!

To all of you on my Friday Follies List, whether you are in Manila, Singapore, Kuwait, Bermuda, Virginia Beach, Mississippi, Los Angeles, San Francisco, Minnesota, Indiana, Colorado, Philadelphia, Key West, New Jersey, North Carolina, Indonesia, Washington D.C., Iraq, Costa Rica, Maryland, West (By-God) Virginia, Nashville, Florida, Chattanooga, New York, Oregon, Maine, Australia, Europe, or Yuma, have a wonderful, wonderful week!

God bless.
Remember, life is short...we need to make it a good one.
Grow in peace and wisdom.

Your Friday Friend,

Judi Godsey



PS. NOTE OF CAUTION... 20 employees were fired from The New York Times here in Norfolk for sending lewd and indecent emails. (To my knowledge, none of the 20 were on our joke list - even though some of the attorneys who represent the company were!) I have asked each and every one of you on this list to tell me if the jokes that accompany these "Follies" place you in jeopardy, or even if they offend you. Please understand that they are intended to be light-hearted and are not mean-spirited in any way. If you are ever offended, do not hesitate to ask to be taken off the Friday Follies Joke List. PSS. If you send a joke and I don't use it, it is because it has been used before, and I try not to repeat. Remember, I have been sending these since August of 1997. One tends to go through huge numbers of jokes that way. Disclaimer: When anyone asks if I type all of these jokes, the answer is, "No!" I cut and paste one evening during the week (30 minutes, TOPS). Obviously I don't have time to sit, read, and retype jokes all day!