

FRIDAY FOLLIES

February 20, 2009

Hey!

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The day after I took this photo of the cherry tree I planted last year right outside of BoBo's window, the blossoms were covered in snow! February is such a strange month... and getting stranger! I can see buds on other flowering plants, though, and that gives me hope that it really is going to be spring soon!



I finished two paintings, started a third one, and refreshed an old one this past week. I even framed them and hung them in my "Just Judi's Gallery." LOL! I call it that because - well - since I live by myself, I can do whatever the heck I want to do! I love it. I hang paintings, even if they are not quite finished. That way, I can take a break from them, study them, and when I am ready, I can take them down and continue.

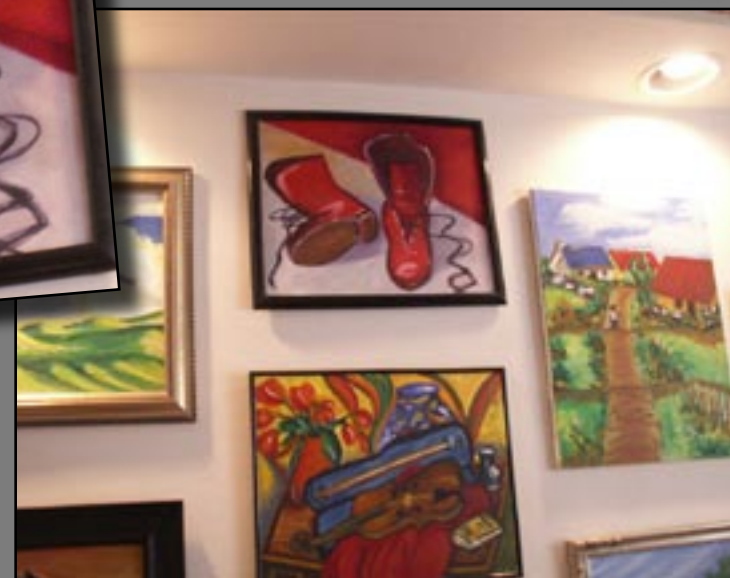
Anyway, I thought I would show you how the "Just Judi's Gallery" has grown! Trust me, if I lived with someone else, I would not do this, but I do get the biggest kick out of it. It just adds so much color to the house and my walls are high and contemporary in this house, so it is kinda cool.



Here are the two I finished up, framed, and hung in "The Gallery" -*The Goldfish Statue* and *Das Boots*. Again, it is hard to take photos of oil paintings because of the glare, so I dulled these a bit to put in here. The colors are actually more vibrant. Also, remember, I am just practicing... The third one I started this week is a still life of artichokes and lemons. Whoooooo - sounds great, huh? (smile) I guess it is a good thing I amuse myself... Amusing or not, I have had someone ask to see my paintings to see if he wants to place a few of them in his gallery! Now THAT would be cool! The only thing is, I would HATE to part with most of them. I guess in this economy, though, I could sell even my favorite and just paint another, right? I will let you know if anything happens.



Did you watch America Idol this week? NOW it is getting good. I really do not like all of the try-out shows - even though I guess they could all be considered try-out shows. But I do adore it when it gets to this stage and they are truly competing. Man, have they got some GREAT talent on the show this year! Jessica and I were laughing last night because we were texting each other during the commercials. It is a bit of a tradition with us. We watch and "text away" our opinions during the breaks. We would make great judges for the show :-). We were laughing about the fact that we had been doing that - texting during AI breaks - for years. There are two local contestants on it this year. One from Elizabeth City, which is right in our backyard, so-to-speak, and the other is from Virginia Beach and went to Cox High School. The kids are all pulling for her.



Facebook is still a "trip!" I cannot believe it took me so long to try it. I have been amazed at how many of my "friends" have found each other from *my* "friends" list. They love to see someone they went to high school with and reconnect. But you know what is starting to happen now? TONS of folks *my age* are getting on, and I get JUST as much of a kick out of finding someone I went to high school with as these young folks do! What an amazing and totally social tool! I limit myself to a few minutes a day, or I would be on it *all* the time. I check it during the day to see what is there, but I seldom, if ever, respond during the day. Too much else to do.

Valentine's Day was fun. Ken Fed-Exed me a box of chocolates and a card. I had



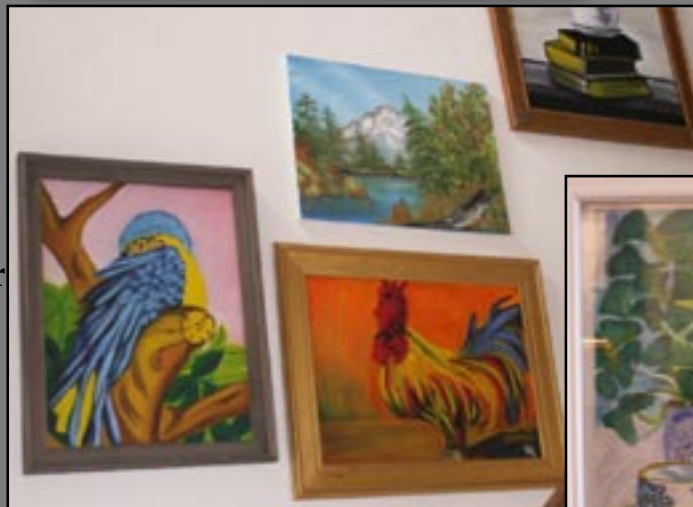
to laugh. He was going to be here the next day, but wanted me to have something on "V Day." Too sweet. On Sunday, we went to dinner - or tried to! It was amazing! We had to go to three different restaurants on SUNDAY night before we could find one without an hour-and-a-half to a two-hour wait list! Then on Monday night, we went out and the *same thing* happened. Luckily, the second place we went, the manager recognized Ken and we got right in. Man! For everyone to be so broke these days, there sure was a lot of eating out this past weekend!

This week has been busy for both of us and he has been in and out of town all week, but Saturday night should be fun! It is "Alumni Night" for the Admiral's Hockey team in



Norfolk. After the Admirals play, we are taking all of the Admirals and the Admiral's Alumni out to a steak house for a late dinner. Man, I cannot imagine the bill! Ha! Can you imagine how much steak that many professional athletes can eat!

Speaking of eating... I have lost 11 pounds in one week and two days! Amazing! AND, I am never hungry and still get to go out to restaurants and order pretty much (within reason) whatever I want! It literally FELL off of me the first week - which tells me I needed to lose it - but it has slowed considerably this week. Nine pounds the first week, and just two so far this week. I'm not complaining! I am eating veggies and fruit as well as other things for the first time since I started that stupid no-carb B.S. a few years ago.





I also wanted to show you my BoBo as he/she is learning to say, "Hello!" He puts his little head down and it almost sounds like a *burp!* He lowers his voice to a low grumble and says, "Hellllo!" Very cute.



OK. I had better get going, here. Lots to do tonight and I want to see the results show for AI :-)

Please, if you get a chance, check out the four cook books and ORDER one, or two, or three, or heck -- All FOUR!! You need them! :-) I am going to get back to finishing Volumes Five and Six soon.



Let's all try to stay positive these days! Times are tough! Please pray for our men and women serving us overseas, that they return home to us soon, safe, and successful.

Just Judi's Favorites
Volume One • Appetizers
Volume Two • Breakfast, Brunch, and Late Nite
Volume Three • Soups
Volume Four • Salads
All available on www.judiwithani.com
Go to Judi's Friends' Links at:
www.judiwithani.com/links

To all of you on my Friday Follies List, whether you are in Manila, Singapore, Kuwait, Bermuda, Virginia Beach, Mississippi, Los Angeles, San Francisco, Minnesota, Indiana, Colorado, Lake Tahoe, Philadelphia, Key West, New Jersey, North Carolina, Indonesia, Washington D.C., Iraq, Costa Rica, Poland, Maryland, West (By-God) Virginia, Nashville, Florida, Saudi Arabia, New Hampshire, Tampa, Chattanooga, France, Phoenix, New York, Oregon, Russia, Maine, Australia, Bangkok, or Yuma, have a wonderful, wonderful week!

God bless.
Remember, life is short!
We need to make it a good one.
Grow in peace and wisdom.
Your Friday Friend,



Judi Godsey

PS. NOTE OF CAUTION... 20 employees were fired from The New York Times here in Norfolk for sending lewd and indecent emails. (To my knowledge, none of the 20 were on our joke list - even though some of the attorneys who represent the company were!) I have asked each and every one of you on this list to tell me if the jokes that accompany these "Follies" place you in jeopardy, or even if they offend you. Please understand that they are intended to be light-hearted and are not mean-spirited in any way. If you are ever offended, do not hesitate to ask to be taken off the Friday Follies Joke List. PSS. If you send a joke and I don't use it, it is because it has been used before, and I try not to repeat. Remember, I have been sending these since August of 1997. One tends to go through huge numbers of jokes that way. Disclaimer: When anyone asks if I type all of these jokes, the answer is, "No." I cut and paste one evening during the week (30 minutes, TOPS). Obviously I don't have time to sit, read, and retype jokes all day!