

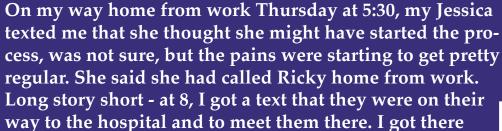




Hey! Hey!! Hey!!!

January 29, 2010

That date is my new grandson's birthday! Kai Maxwell Miller was born at 3:11 a.m. weighing in at 7 pounds, 3 ounces, and a whopping 20 and 1/2 inches long! He is a strong, healthy, beautiful baby. So very grateful! Mom and dad are doing well and are - as can be expected - ecstatic! They are going to be the best parents ever. So loving, appreciative, and attentive to one another - so I know they will be to baby Kai!



at 9:15. Things progressed really fast after that. At 1:00, Jeremy walked through













the door with - honestly - the biggest smile on his face I had ever seen. We waited in the birthing room with her and napped on and off for ten minutes here and there while texting everyone we knew. We were even texting friends waiting in the waiting room! It truly was funny. Even Jessica was texting in between contractions. I joked that baby Kai would be born with an iPhone in his hand!

Anyway, at 3:00 the doctor came in and announced that it was time. We excused ourselves to the waiting room and according too Ricky, Kai was there within 11 minutes. The nurse said it was "record time."

At 3:33 I checked my iPhone just to see what time it was, and when I opened it - THERE WAS "THE" PHOTO OF BABY KAI!!! Ricky had already taken the photo and posted it. We all started crying and checking out our iPhones. Minutes later, Ricky came out and hugged us all. He had a flip camera and shared video images of Kai with us until it was permissible for us to go back in the room. It was truly a loving, high-tech experience!

Looking at these photos, you can see how quickly they start to look "normal." The photos on the right of this page were from the next morning. Look how much more mature he already looks!

As I type this, there are seven to eight inches of snow on the ground and the sleet is hitting my window. Needless to say, I have not been able to get to the hospital today and it is KILLING me! The roads are really bad and they





are at a hospital in another city. It is only thirty minutes away on a good day, but I would not even venture that way today without a four-wheel drive. They should be home tomorrow afternoon, so I will snap some newer photos then. I cannot wait to see him and hold him again! EVERY-ONE I know that is a grand parent has told me that there is no explaining the love that you feel. I always was polite, agreed, and was sure they were telling me the truth. Let me tell you... they were right. As you gaze at that little face, your whole ancestry flashes through your mind. You can see them all in that little face. Just a miracle - in the flesh.

Nothing else to do today except relax and enjoy the snow on a cold, calm day at home - with the knowledge that Kai is here and all are safe. I told Jessica to relax and enjoy her remaining time in the hospital when there was someone else there to take care of them all. Her work will begin soon enough.





Here are some photos of my walk with Oliver today. He normally looks so white, but as with all Samoyed, when it snows, they suddenly look a bit dingy! Ha! He loved it! Did not know what to make of it at first. Then when we started our walk, I though he was going to yank my arm off! He just ran and romped in the snow. So much fun!

Isn't it amazing how soft and clean everything looks in the snow. Even my trash cans looked pretty. Ha!

Nice walk through the neighborhood to the park and the lake. Then, when I got home - well, I saw where when I got home from the hospital late yesterday, I was so tired, I forgot to roll up my car window all the way!!!!! Can you say IDIOT!!!

Oh well. Now that baby Kai is here, things like that just don't seem to be that important. I guess it will be when I have to get in it again, though. :-) Enjoy the remaining photos, and I will talk with you again in a few days. I am pretty certain that I might have another photo or two to share, too! Love to you all!















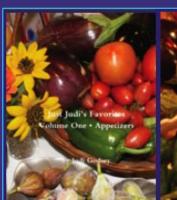


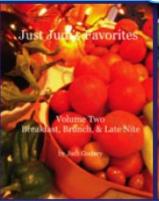


Virginia Beach, VA 23456Fax : 757-463-8386 Mon-Sat 8- 6 Sun 12- 5 Just Judi's Favorites
Volume One • Appetizers
Volume Two • Breakfast, Brunch,
and Late Nite
Volume Three • Soups
Volume Four • Salads

Click on the books below to preview the cook books!

**Volume Five • Sides** 











o all of you on my Friday Follies List, whether you are in Manila, Singapore, Kuwait, Bermuda, Virginia Beach, Mississippi, Los Angeles, San Francisco, Minnesota, Indiana, Colorado, Lake Tahoe, Philadelphia, Key West, New Jersey, North Carolina, Indonesia, Washington D.C., Iraq, Costa Rica, Poland, Maryland, West (By-God) Virginia, Nashville, Florida, Saudi Arabia, New Hampshire, Tampa, Chattanooga, France, Phoenix, New York, Oregon, Russia, Maine, Australia, Bangkok, or Yuma, have a wonderful, wonderful week!

od bless. Remember, life is short! We need to make it a good one. Grow in peace and wisdom. Your Friday Friend,

PS. NOTE OF CAUTION... 20 employees were fired from The New York Times here in Norfolk for sending lewd and indecent emails. (To my knowledge, none of the 20 were on our joke list - even though some of the attorneys who represent the company were!) I have asked each and every one of you on this list to tell me if the jokes that accompany these "Follies" place you in jeopardy, or even if they offend you. Please understand that they are intended to be light-hearted and are not meanspirited in any way. If you are ever offended, do not hesitate to ask to be taken off the Friday Follies Joke List. PSS. If you send a joke and I don't use it, it is because it has been used before, and I try not to repeat. Remember, I have been sending these since August of 1997. One tends to go through huge numbers of jokes that way. Disclaimer: When anyone asks if I type all of these jokes, the answer is, "No!" I cut and paste one evening during the week (30 minutes, TOPS). Obviously I don't have time to sit, read, and retype jokes all day!

