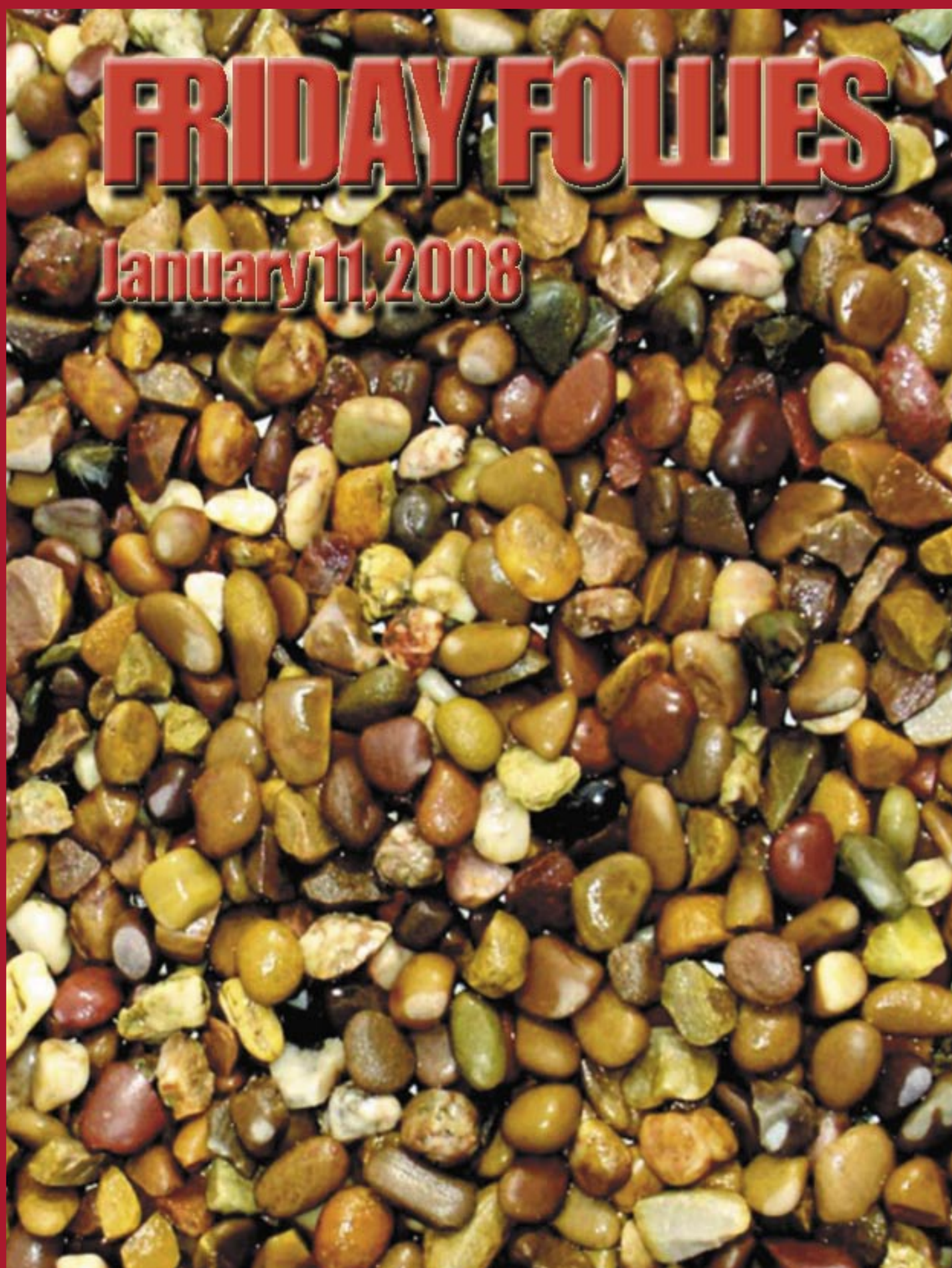


FRIDAY FOLLIES

January 11, 2008



Hey! January 11, 2008

1,100 Pounds of GRAVEL! 1,100 POUNDS! That is how much gravel I had dumped in the back of my truck and hauled, wheelbarrow - by - wheelbarrow to my side yard!

I kid you not! It is something I have been needing to do since summer, but it has just not been the right time. It still wasn't the right time - but I needed to get it done.



When they poured it all into the bed of the truck - my sweet "Pearl" could hardly move. She moved, but her back end did not want to follow her front end at all. It was actually kinda scary! We made it home fine, and then, because I was by myself, I could not lift the tailgate off, so as I was hauling gravel -- wheel barrow - by - wheelbarrow -- all of the loose gravel fell into the tail gate crack which was just LOVELY trying to clean up to close up once finished! Ha! It took the better part of two days to get it all spread out and cleaned up.

I am so glad I did that, though! So proud of myself! As I have often said - if you do yard work, who needs a gym?

My next door neighbor popped over when I was almost finished (he had been out of town) and was simply in awe of what I had done all by myself, and that it looked so nice. Made me proud! I probably still need to go back and get one more load, but that will be for later in the spring... I can assure you!

Started painting again this week. I LOVE the one I am doing now, but because it is so early on, I simply cannot show it to you. It is titled, "My Blue Cat," if that gives you any indication! I LOVE it! I also am going to an art exhibit opening tomorrow night at Town Center for two dear friends. I will try to remember to take photos for you.

(There haven't been a lot of photos lately, because I have started dating a bit and do not want to do that to folks, ya know? Anyway, I will be by myself at the exhibit and will take a few shots for you!)

Dating again - at my age - has been kinda fun and funny...

Another story for another time... That is for sure...

OH... the books I could write! (Smile)

OK, back to real life...

Would you believe my azaleas are blooming? They are so very confused by this strange weather! I do not know now if they will bloom in the spring or not, but these 70 plus degree days have totally convinced them that it is spring! Doppler weather is calling for snow here on Monday - so that will be the end of that. Man! From 70 to snow in a matter of days. Really weird!

Jeremy had such a bad week that we simply had to laugh about it. His car broke down in Norfolk, and he parked it in a safe, empty parking lot until he could get to it the next morning. Then he got a ride over here to pick up "Pearl" to use in the mean time.

Well, the next morning, he went to make arrangements to have his car towed to get it fixed, and it had already been towed! To the tune of \$150. He was so upset! He came over after his work that day and we made some calls. Thought he had it all straight. He was going to head over to Norfolk in "Pearl" to pay the towing guys and get his car out so it could be towed again and fixed. When we went out to "Pearl" - she would not start!!! In his haste, he had left her lights on! That meant he would be past 6:00 p.m. getting there and there would be an additional charge for the extra day!

I could not help it. I started laughing hysterically right there on the hood of the truck! He was honestly so frustrated, he was about to cry. I think when he saw me laughing, he relaxed a bit. It is hard to laugh about things like that when you are 28. When you get older - you realize there is nothing else to do BUT laugh! I tried to explain to him - sometimes things are so ridiculously bad, and so FAR out of your control - you simply have to LAUGH.

He laughed!

The next day, everything was fine. His car is now towed to the shop where they can fix it. We still don't know that verdict... but it truly is amazing how screwed up things can get. Ya know?

These Follies will be short this week. Since I did not take a single photo and since there is so much going on that I choose not to talk about, well, I guess that is it! Hahaha!

I DID rid myself of ten pounds over the last week, though! Ten Pounds! I have another ten or so I would LIKE to lose. So we will see.

I went on this stupid, unhealthy diet I used to do at times in college. It will not keep the weight off, but it sure gives you a great “kick-start!”

Get this, it is called the “Wieners, Eggs, and Bananas” diet!

You are guaranteed to loose ten pounds in four days. It works every time, but boy! By the time you finish it, you are so repulsed by food that it does not matter, anyway! It did give me a good “kick-start,” though. Another thing I tried right before Christmas was great. It is promoted by the “Biggest Losers” show on TV and by the trainer, Jillian. It is simply drinking 18 ounces of Dandelion Root tea a day for five days. You make the tea, mix in 1 Tablespoon of unsweetened cranberry juice and two Tablespoons of lemon juice. That is it! It tastes great, and let me tell you - Whoo Hoo! It cleans out every organ in your freakin’ body! You should not do it for more than a few days, but the Dandelion Root tea systematically cleans out your liver, kidneys -- you name it. Awesome! They proclaim you can shake loose a lot of weight on it. I did not notice that so much as how much better I felt. I will try that from time to time, even when I am not dieting.

I also have to tell you that I have been asked to place one of my “baskets” in the auction this year where I work. Every year we do a huge fund raiser, and they have asked me to donate one of my baskets with all of my homemade goodies and a cook book in it. I am so pleased! Every, single person who has purchased my products has now gotten back with me to say they loved them! How sweet is that?

I am also beginning to work on a cookbook again. I gave up in the 12 volumes of *The International Cook Books*. I may publish those someday - they are sill on my computer - but I have whittled it down to a cook book called, *Just Judi’s Favorites*. It is going to be awesome! I really may follow through this time! Wish me luck!

Pray for our men and women overseas that they return home to us soon, safe, and successful! I may have news to tell you soon!

To all of you on my Friday Follies List, whether you are in Manila, Singapore, Kuwait, Bermuda, Virginia Beach, Mississippi, Los Angeles, San Francisco, Minnesota, Indiana, Colorado, Lake Tahoe, Philadelphia, Key West, New Jersey, North Carolina, Indonesia, Washington D.C., Iraq, Costa Rica, Poland, Maryland, West (By-God) Virginia, Nashville, Florida, Saudi Arabia, New Hampshire, Tampa, Chattanooga, France, Phoenix, New York, Oregon, Russia, Maine, Australia, Bangkok, or Yuma, have a wonderful, wonderful week!



***God bless.
Remember, life is short!
We need to make it a good one.
Grow in peace and wisdom.
Your Friday Friend,***

Judi Godsey

PS. NOTE OF CAUTION... 20 employees were fired from The New York Times here in Norfolk for sending lewd and indecent emails. (To my knowledge, none of the 20 were on our joke list - even though some of the attorneys who represent the company were!) I have asked each and every one of you on this list to tell me if the jokes that accompany these "Follies" place you in jeopardy, or even if they offend you. Please understand that they are intended to be light-hearted and are not mean-spirited in any way. If you are ever offended, do not hesitate to ask to be taken off the Friday Follies Joke List. PSS. If you send a joke and I don't use it, it is because it has been used before, and I try not to repeat. Remember, I have been sending these since August of 1997. One tends to go through huge numbers of jokes that way. Disclaimer: When anyone asks if I type all of these jokes, the answer is, "No!" I cut and paste one evening during the week (30 minutes, TOPS). Obviously I don't have time to sit, read, and retype jokes all day!